



## Help a Neighbor in Need

*The Help & Hope Center is a 501(c)(3) human service organization whose mission is to meet the immediate needs of residents of Douglas and Elbert counties who are in financial distress and at risk of becoming homeless, to help them work through troublesome times with dignity.*

### \$5 buys 12 pounds of food

<b>Toiletries</b> such as Toothpaste/Toothbrush, Shampoo/Conditioner, Soap, Body Wash, Deodorant, Feminine Hygiene Products, Diapers (esp. 3,4,5,6), Baby Wipes, Laundry Pods, Toilet Paper, Paper Towels, Kleenex, Dish Soap	<b>Non- Perishable Food</b> such as Canned Soups, Granola Bars, Canned Vegetables, Rice, Pasta, Pasta Sauce, Peanut Butter, Jam, Coffee, Tea, Canned Meats, Jerky, Ravioli, Canned Beans, Chili with Meat, Canned Fruit, Cereal, Boxed Pasta/Rice Meals, Juice and Juice Boxes
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Cash Donations and Gift Cards are gratefully accepted.

**All toiletries and food collected stays within our community! Thank You!**

To Volunteer or for Assistance, Please Contact the Help & Hope Center

1638 Park Street, Castle Rock, CO 80109

303.688.1114